

Name: _____

CH142
Exam Self-Assessment and Reflection

If you were unhappy with your score on the exam, please see your instructor during office hours with this completed form. This form will help you to analyze your exam performance and find strategies that work best for you in learning the material for this course. Self-assessing your progress and adjusting your study strategies accordingly is what effective learners tend to do. Please answer the questions below honestly. Your responses will have no impact on your grade, but they will inform your instructors about how we can best support your learning. We will return your completed form before the next exam so that you can use your own responses to guide your approach to studying next time.

1. Approximately how much time did you spend preparing for this exam? _____

2. Which of the following exam preparation activities did you complete?

- a. Came on time and participated fully in every class _____
- b. Skimmed textbook chapters _____
- c. Read textbook chapters thoroughly _____
- d. Reviewed your own notes _____
- e. Reviewed materials from the course webpage (notes/powerpoints) _____
- f. Did all of the assigned homework _____
- g. Worked on practice exam questions _____
- h. Solved extra problems (MasteringChem or textbook) _____
- i. Got extra help from instructor, tutor, or chem help center _____
- j. Other _____ Please specify: _____

3. As you look over your graded exam, analyze where/how you lost points. Fill in the blanks below with the number of points you lost due to each of the following:

- a. Trouble applying definitions/formulas _____
- b. Trouble using equations _____
- c. Not understanding a concept _____
- d. Not knowing how to begin a problem _____
- e. Careless mistakes _____
- f. Sig figs/units _____
- g. Math errors _____
- h. Other _____ Please specify: _____

4. Based on your responses to the questions above, name three things you plan to do differently in preparing for the next exam. For instance, will you just spend more time studying, change a specific study habit (if so, name it), try to sharpen some other skill (if so, name it), use available resources more, or something else?