J2$ Flagstaff Maine Hut Lab Trip
Packing List

Please let us know as soon as possible if you’re going to need some help with the items on this checklist. We have a limited supply of items available for loan. Ryan Linehan, Colby’s Director of Outdoor Education and the Colby Outing Club will be helping us with items like snowshoes and sleeping bags. If you need to borrow any of the equipment on this list we will need your requests by the end of the first week of classes.

The hike into the hut is not hard. The terrain is relatively flat and the trail is just 1.8 miles, which doesn’t sound like much but with a light pack and snowshoes on it will require some moderate exertion. It is very important when winter hiking that you have proper footwear (boots and socks), gloves, and layers of clothing suitable for the outdoors. Jeans, cotton shirts, and a light fleece jacket or sweater are appropriate for inside the lodge, but are not appropriate for the Maine outdoors in winter. You want to wear clothing that will keep you warm when you sweat (e.g., polypropylene or wool) and help wick the moisture away from your skin as you exert yourself.

The items on this packing list are for hike into and out of the hut; feel free to bring clothes and slippers to be comfortable inside the lodge where we will be staying.

Equipment
- 1 sleeping bag & stuff sack (recommended rating of 40 degrees)
- 1 lightweight backpack
- 1 headlamp or flashlight
- 1 lightweight towel
- 1 pillowcase
- water bottle (filled for the hike in)
- snowshoes or cross-country skis

Clothing
- Base Layer: Mid-weight or heavy-weight synthetic long underwear tops and bottoms
- Insulating Layer: Fleece, down or wool shirt/sweater
- Outer Layer: Breathable wind/waterproof jacket or vest and pants
- Change of underwear
- 2 or 3 pairs of winter socks (synthetic or wool – not cotton)
- Mittens or gloves
- Hat
- Winter boots
- Comfortable clothes for inside the lodge
- Light-weight slippers (optional)

Personal Items
- Personal hygiene items including a toothbrush and toothpaste
- Glasses/contact lens

What NOT to bring
- All electronic devices including cell phones, i-Pods/Pads, portable gaming systems, etc.
- Any other personal items of substantial value that have the potential to get destroyed or lost in the wilderness or present an opportunity for theft if left in college vehicles
- Illegal drugs, alcohol, and tobacco products are not permitted