

# Schedule and To Do

## WEEKLY SCHEDULE

Day	To Do:
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday/Sunday	

This week:

### Training and preparation

- Project proposal: meet with Alice Eliot (if you haven't already) to let her know of your project, and what you plan on doing.

### Maintenance

- Weeding bed #2 and food bank/dye beds
- Fertilize nightshades (tomatoes, eggplant, peppers) and brassicas
- Mowing outside of beds - do not let any grasses go to seed next to the garden!
- Pruning & trellising - tomatoes
- Harvesting - lettuce and radishes



## Intern Syllabus: Week 7

### What's cultivating?

- Harvesting
- Weeding, maintenance, and preparing
- Community Engagement Coordination

# In the Community

## Community Action Mentorship

### Public media

- Write a facebook post on COFGA's facebook about your progress thus far!

### Community Action

- Food bank and gleaning:
    - Stop by the farmer's market at 5:30 before closing and glean, then bring to food bank.
- Visit a third farm if you haven't already!

### Mentorship

Check in with the following advisors:

- Set up a time to meet Alice Eliot (master gardener): [aelliott@colby.edu](mailto:aelliott@colby.edu) - invite her to the garden
- Check in with Joe Jacques: [jjacques@colby.edu](mailto:jjacques@colby.edu) - invite him to meet you at the garden



# In the Spotlight

## How to Harvest Lettuce

### How to harvest Lettuce:

cut the leaf above the ground. Do not pull the root up from the ground. If you only cut the leaves, you will let the root expend energy to grow more leaves in the same place you just cut from. So, essentially, you will be able to get 2 or 3 harvests off one plant.

### How to harvest Kale:

Cut off the bottom few leaves, work up the stalk. You should leave a few leaves at the top, where new leaves are growing out of, harvesting the largest lower leaves. Once it is a mature plant, leaving only 3 or 4 of the smallest/tallest leaves for it to get sunlight is just fine.

### Quality

Any lettuces or any produce, please wash in wash basins, and dry using an extra rag, before giving to anywhere (dining hall, food bank, etc). Not only is it cleaner, but it is more presentable, and less work for people on the other end.

### What time of day is best to harvest?

Morning time! In the afternoon, most plants are heated up, and spoil faster if they are picked in the heat of the day. Once you harvest, wash your material, and then bring it down to wherever it's going as soon as possible. If you need to harvest other things and make it wait, keep it in a cool place.

