

Schedule and To Do

WEEKLY SCHEDULE

Day	To Do:
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday/Sunday	

This week:

- Think about a project you are interested in learning more about two weeks from now, you should be ready to start working on it.
- Weeding bed #1 and raised beds
- Row cover and/or black plastic if not yet finished for appropriate beds.
- Cover walkways with hay
 - Tip: Bring a handkerchief or t-shirt to wrap over your face (nose and mouth) because the hay can be dry and have some pollen all dried out that can make you sneeze. If you're susceptible to allergies from that sort of thing, take on another task.
- Plant transplants from greenhouse
- Plant any remaining seeds that need to be direct seeded.
- Scatter seed over the fallow bed.



Intern Syllabus: Week 4

What's cultivating?

- Direct Seeding and Transplanting
- Weeding, maintenance, and preparing
- Community Engagement Coordination

In the Community

Community Action Mentorship

Community Action

- Have a community event with students this week!
Ideas: planting party, campfire, dinner. You can get funding from Marietta or Alice.
- Food bank and gleaning:
 - Stop by the farmer's market at 5:30 before closing and glean, then bring to food bank

Mentorship

Check in with the following advisors:

- Set up a time to meet Alice Eliot (master gardener): aelliott@colby.edu - invite her to the garden
- Check in with Joe Jacques: jjacques@colby.edu - invite him to meet you at the garden
- Check in with Jim Lachance (head chef), set up a time to meet with him: jlachan@colby.edu
- Update Marietta Lamarre malamarr@colby.edu, by stopping by her



In the Spotlight

Crop Rotation and Fallow Beds

At COFGA, we always have two beds active, and one bed fallow. This bed is usually planted with nutrition-replenishing plants like peas (nitrogen fixing) and oats (fast to decompose and lots of organic material).

Keeping a bed fallow may do the following:

- Prevent diseases - the diseases in the soil of a fallow bed often have no host for the season, and the diseases/fungus will die off.
- Replenish nutrients
- Limit weeds

In addition to keeping one bed fallow, we also use hay or grass clippings in between rows in order to keep down the weeds in the walkways.

Tip when adding grass clippings between rows: Make sure the grass clippings are fully dry. If they are still fresh/wet, they can be a host for things like squash bugs or other pests.

