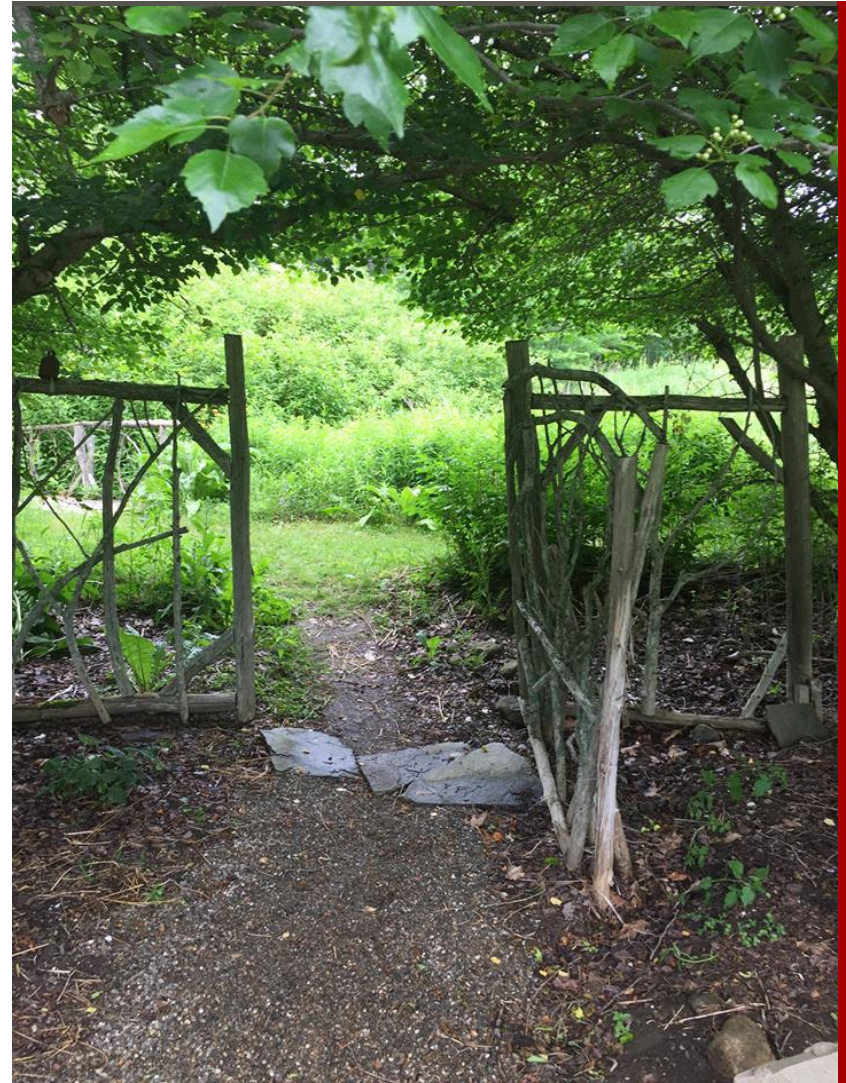


Schedule and To Do

WEEKLY SCHEDULE

<u>Day</u>	<u>To Do:</u>
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday/Sunday	

- Listen to **podcast #1** on website (web.colby.edu/COFGA)
- Begin work on the day after the final day of exams.
- Write and share with one another:
 - What are expectations: garden/work-place norms and practices that you'd like to follow and hold each other up to?
 - You all will be sharing these tasks throughout the summer, but it is important to brainstorm a few things: what kind of events do you want to hold during the summer? Are you happy to do it on a weekend night? Would you like to organize some on weekends and some on weekday evenings? Write your thoughts down. Remember them and review them as you are thinking of events to have for students and staff throughout the summer!
 - Everyone has different abilities, and different capacities, and different understandings/experience of the work. Is there anything else that you'd like to make each other aware of? What are values that you believe are important to you, and that you'd like to have others respect?



Intern Syllabus: Week 1

What's cultivating?

- Friendships and getting to know one another!
- The greenhouse
 - Plant: cucurbits (cucumbers, squash, zucchini)

In the Community

Coordinating Farm Visits

You are expected to do about 5 hours a week, as a part of your total time, of community engagement. In the first half of the summer, some of these hours will be taken up by visiting farms. These are some farms you will visit, and coordinate your visit to:

- Share the following emails - you should hope to visit these places in the first month and a half or so, to give you a solid idea of different types of farms and practices
- Contact Khris Flack at Veggies for All to set up a farm visit in the next couple weeks:
kflack@mainefarmlandtrust.org
- info@uniftfoodhub.com to set up a time to visit unity food hub in the next month.
- Contact Lakeside Family Farm to set up a visit:
lakesidefamilyfarmshare@gmail.com
- Contact Avena botanicals: info@avenabotanicals.com to set up a farm visit

You are also expected to check in with advisors weekly, even if there isn't much to talk about.

- Check in with advisors, the following every week
 - Set up a time to meet Alice Eliot (master gardener): aelliott@colby.edu - invite her to the garden
 - Check in with Joe Jacques: jjacques@colby.edu - invite him to meet you at the garden

The following every other week:

- Check in with Jim Lachance (head chef), set up a time to meet with him: jglachan@colby.edu
- Update Marietta Lamarre malamarr@colby.edu, by stopping by her office, or send her an email

In the Spotlight

Cucurbits

What are Cucurbits?

Family of Cucumber, squashes (yellow and winter), zucchinis (the green squashes)

How do you take care of them?

Fertilize every other week

Transplant when mature leaves begin to grow (tends to be the third and fourth leaves). When transplanting, you can plant the stem deeper in the ground, so that the leaf is only an inch or so above the ground.

Common Cucurbit pests & preventions:

- **Cucumber beetles** (top middle picture)
 - Yellow & black striped beetles that eat the flower
 - Prevention: Row cover
 - Treatment: Yellow sticky tags on stick near plant, neem oil if necessary
- **Squash bugs** (bottom left picture)
 - Grey/Brown bugs that eat the leaves of mature cucurbits
 - Prevention: Row cover and keeping a clean garden.
 - Treatment: lay down a piece of wood nearby overnight. They should accumulate on the bottom of the wood. Early the next morning, scrape the bugs into soapy water.

